**3 Dog Falls**
Dog Falls Walk (3.2 km - 1 hour) takes you in the heart of the pine wood and into an area of conservation success. Here the woodland has been restored, largely by natural regeneration and by excluding deer and sheep. Viewpoint Walk (1.6 km - 50 mins) allows you to see the classic Affric view of loch, pine woodland, and mountains to the west. Coire Loch 5.2 km - 1.5 hour) passes a beautiful lochan renowned as the breeding site for many species of dragonfly. All these walks can be combined into a longer one.


**4 Glen Urquhart Forest Trails**
A long return walk, offering shorter sections alternatives with convenient jump on drop off bus stops at Balnain, Stronachlachar and Moidart junction on the Drummadochit to Kinlochewe pass. RSPB reserve at the west end. The route is shared with mountain bike users.

Allow 3½ hours - 20 km (12 miles) full route one way. Moderate - waterproof footwear. Parking - Drummadochit Tourist Information Centre, car park and as stated above. From Drummadochit follow route to Divenich Falls.

**5 Glen Strathfarrar Cycling Route**
A straightforward route following the single track road from the entrance (1 km west of A831 junction near Strathfarrar). All the way to Gardochan Dam before turning back. The road is open to walkers and cyclists at all times.

Allow 5 hours - 42 km (26 miles) Moderate - Start at Strathfarrar car park.

**6a Glen Affric / Comar Route**
At the staggered junction (30m North East of the FOI), turn left and uphill into Glen Affric. At the top of the hill turn left onto forest road, through a gate. Forest road for about 7.5 km where you turn left and downhill onto single track until you meet the Glen Affric road. Opposite the Dog Falls car park. Road back to Affric.

Allow 1½ hour - 16 km (10 miles) Easy - Moderate. Start - Cannich Post Office.

**6b Beinn A' Mheadhoin**
From car park, cross the bridge and pass through the deer fences. Uphill to the first right hand track and follow the south shore of Loch Beinn a' Mheadhoin until you reach the first turn right after 10 km. Either retrace your route back to starting point or turn right and use narrow road from River Affric car park, along north shore of the loch back to the starting point.

Allow 2 hours - 20 km (12 miles) Moderate - Start from Forestry Commission Dog Falls car park.

**6c Loch Affric Route**
From car park, go down forest track over the bridge and pass through deer gate and continue right at first junction and follow south shore of Loch Affric to Athornamulach bothy. 1 km (0.6 miles) beyond the west end of Loch Affric where you turn back. You may wish to carry on across the bridge, west to the Allt Beith youth hostel adding an extra 12 km return. Please do not go on footpath on the north side of Loch Affric as it is only suitable for walkers.

Allow 2 - 4 hours - 16-28 km (10-18 miles) Moderate. Start - Forestry Commission River Affric car park.